



Fun
activities
inside!



Rocket Rules!

Ten little ways to think **BIG!**

Nathan Bryon ★ Dapo Adeola

WORLD
BOOK
DAY

World Book Day is about
changing lives through reading.

When children **choose**
to read in their spare
time it makes them

Feel happier

Better at
reading

More successful



Help the children in your lives **make**
the choice to read by:

1. **Reading to them** – even when they can read themselves
2. **Having books at home** – these can be free from the library
3. **Letting them choose what they want to read in their free time** – including listening to audiobooks, flicking through a magazine or enjoying a comic
4. **Helping them choose what they want to read**
5. **Making time for reading**
6. **Making reading fun!**

There are lots of fun reading activities and stories to share on worldbookday.com

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Changing lives through a love of books and reading

World Book Day® is a charity sponsored by National Book Tokens

Allen Fatimaharan

Rocket Rules!

This book belongs to

.....

Written by
Nathan Bryon

Illustrated by
Dapo Adeola



PUFFIN

Hi! I'm Rocket!

My family says one day I'm going to change the world. But every day I like to make a difference - even if it's just something super small.



Follow my **Rocket Rules** and you can make a difference too ...







Rule 1: Wake Up!



Then jump, dance, fly out of bed!



Ask yourself: What do I want
to learn about the world today?




Today I've decided to learn about insects.



DID YOU KNOW
There are around 5,000
different species
of ladybird!





Rule 2: Look Up!

DID YOU KNOW

Two big meteor showers happen each year: the Perseids in August and the Geminids in December.

Make sure you don't miss any of the wonderful things in the world.

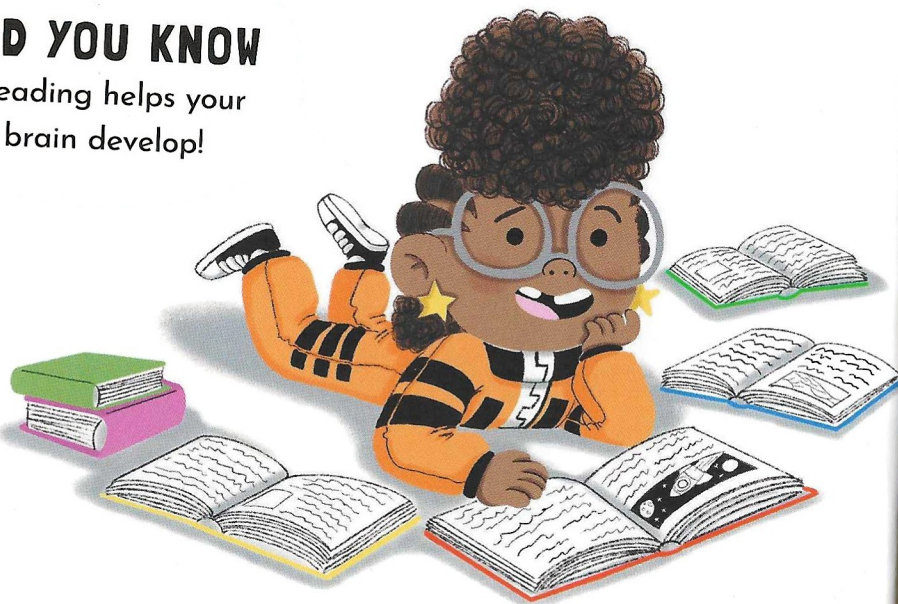
★ Don't let something **amazing** whizz past you . . .

Rule 3: Read Up!

Even if you find reading hard, take your time -
you can find out all about the world from books . . .

DID YOU KNOW

Reading helps your
brain develop!



Rule 4: Eat Up!

You can't change the world on an empty stomach!



What food do
you love?



What food
will **you** try?



What food will **you**
learn to cook?

(Always ask a
grown-up for help
with cooking!)





Rule 5: Speak Up!

Don't ever be afraid
to say what you believe.
The world wants to hear you!



SAVE THE
BOOKS

Rule 6: Stand Up

for the things you believe are **GOOD** and **FAIR**.



Rule 7: Clean Up!

Start by tidying
your bedroom ...



... and end by tidying
the world!

Rule 8: Rise Up!

It's OK to feel sad
sometimes ...



Remember you will
RISE UP happy again
and **READY TO GO!**

Rule 9: Grow Up!



To be whoever or whatever **YOU** want to be!



Rule 10: Don't Give Up!

Especially on your dreams.
You can make them come true -
you just have to believe!

What's your
biggest dream?

DID YOU KNOW

One day I'm going
to fly to the moon!

Nature Hunt

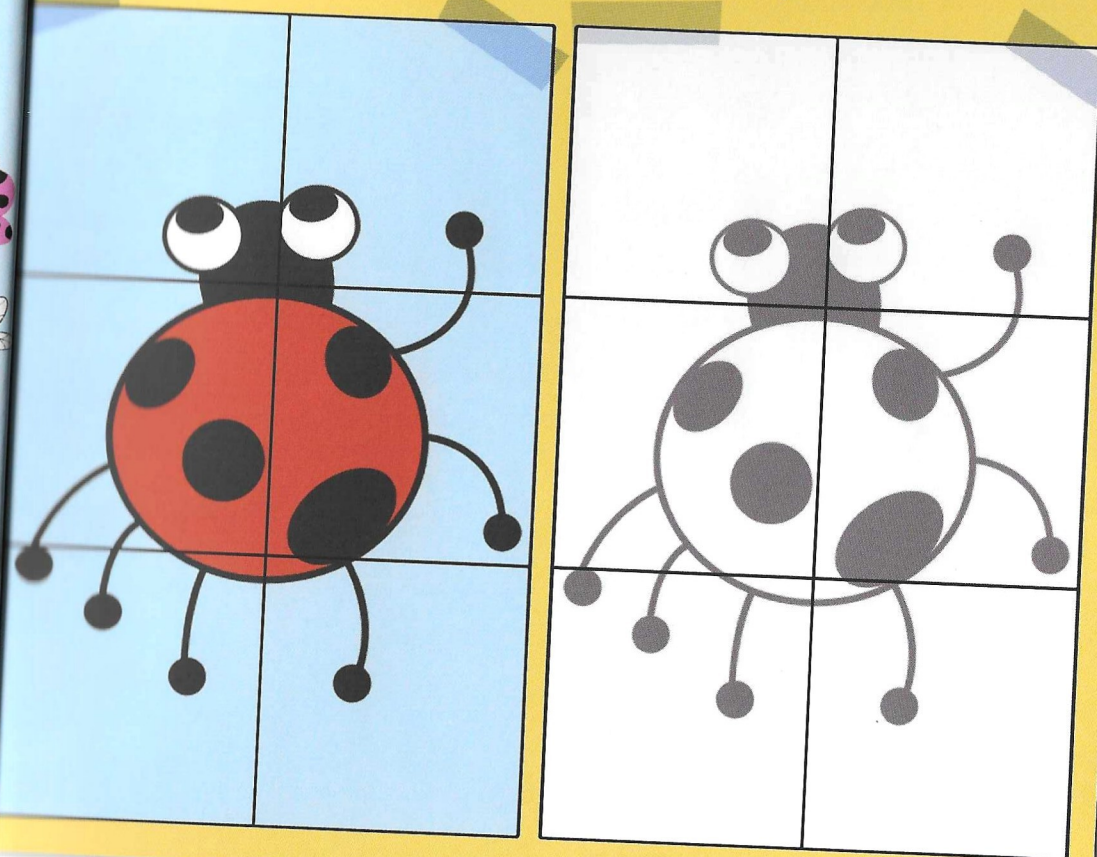
Next time you're on a walk with an adult,
why not go on a nature hunt!
Can you spot these things?

- ☐ Snail
- ☐ Butterfly
- ☐ Caterpillar
- ☐ Dandelion
- ☐ Ladybird
- ☐ Flowers



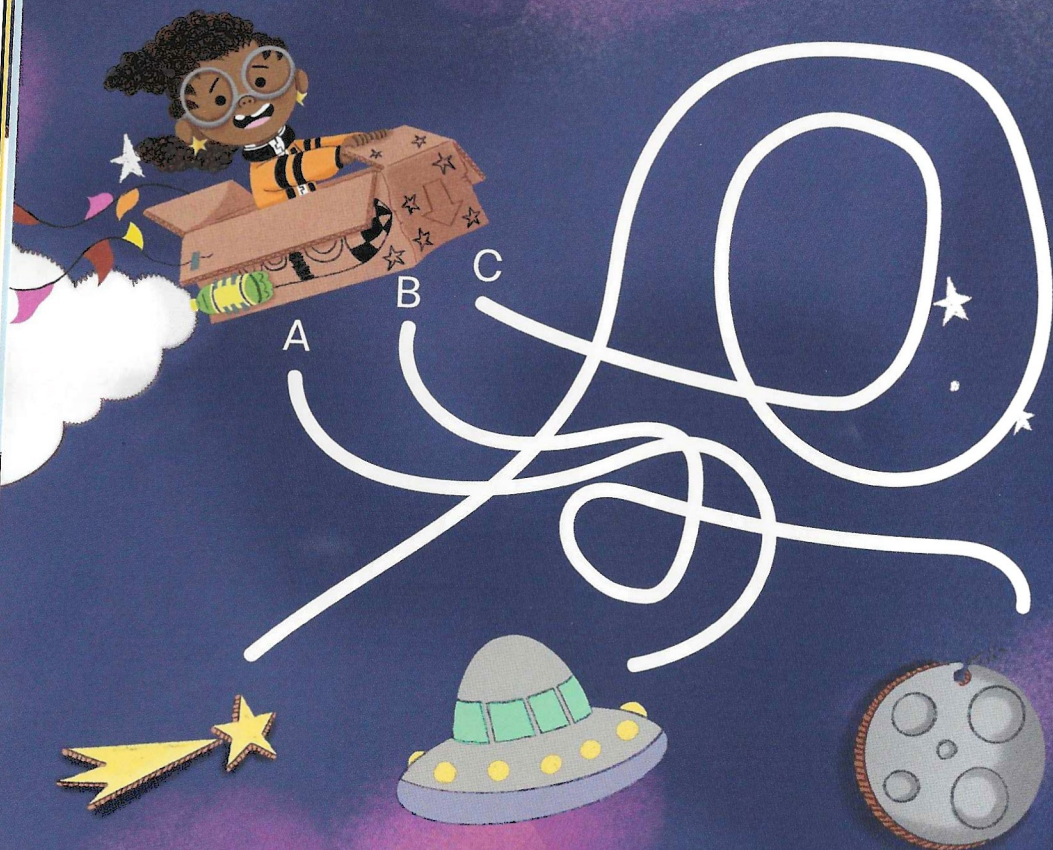
Draw A Ladybird

Rocket spotted a ladybird on her walk.
Can you help her draw the ladybird?



Rocket's Dream

Help Rocket pick the right path to reach the moon.
Is it A, B, or C?



Wordsearch

Healthy food makes Rocket feel great!
Can you find her favourites?

K	G	P	Y	R	D	F	I	H	B
Y	R	L	O	U	T	A	Y	Z	V
B	A	L	G	C	A	R	R	O	T
J	P	B	H	L	I	E	V	E	N
Q	E	N	U	Q	Z	C	U	I	A
U	S	Q	R	R	Z	B	C	U	P
V	A	Z	T	P	M	I	R	K	P
T	L	D	E	G	G	S	T	T	L
N	N	P	C	H	E	R	R	Y	E
E	Y	B	R	E	A	M	V	N	X

Apple
Eggs

Carrot
Cherry

Yoghurt
Grapes



When I grow up...

What do you want to be when you grow up?
Use one of Rocket's dream job outfits
or create your own!



Draw your face and outfit below!



Answers

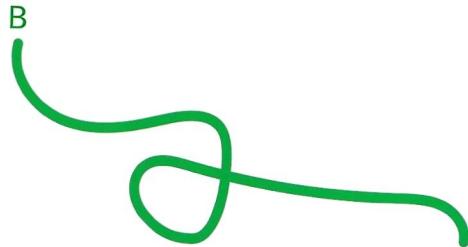
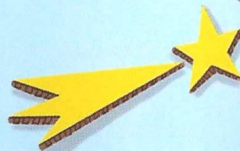
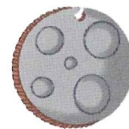
Wordsearch

K G P Y R D F I H B
Y R L O U T A Y Z V
B A L G C A R R O T
J P B H L I E V E N
Q E N U Q Z C U I A
U S Q R R Z B C U P
V A Z T P M I R K P
T L D E G G S T T L
N N P C H E R R Y E
E Y B R E A M V N X

Apple Carrot Yoghurt
Eggs Cherry Grapes

Rocket's Dream

B

National
Literacy
Trust

Changing life stories

Reading Tips

Top tips to help families discover the magic of reading

Books and stories can take you on magical adventures. They can transport you to exciting places and you can learn new things about everything from meteors to ladybirds. When families read or create stories together, the possibilities are endless.

Here are some top tips from the National Literacy Trust to help families bring stories to life at home:

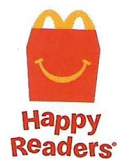
- ☐ Make story time fun by using different voices for characters and acting out your favourite parts.
- ☐ When it comes to selecting books for your child, follow their interests. If they want to find out more about the world, then there are lots of books packed full of facts.
- ☐ Read up: Rocket encourages us to take an interest in our world. Observe what your child is interested in at the moment- anything from wolves to outer-space! Find a book about it in the library or read an online article together. Your child will love that you are learning along with them!
- ☐ Stories come in all shapes and sizes, from books and comics to magazines and newspapers. All reading counts so get exploring.
- ☐ Rules: Rocket shares her "rules for life". Ask your child what their rules would be. They could even make a rules poster for their bedroom door.
- ☐ Make time to share stories as a family as often as you can. You could try reading a bedtime story together or listening to an audiobook on a car journey.

The National Literacy Trust is proud to partner with McDonald's to help families discover the magic of reading together.



working in
partnership
with



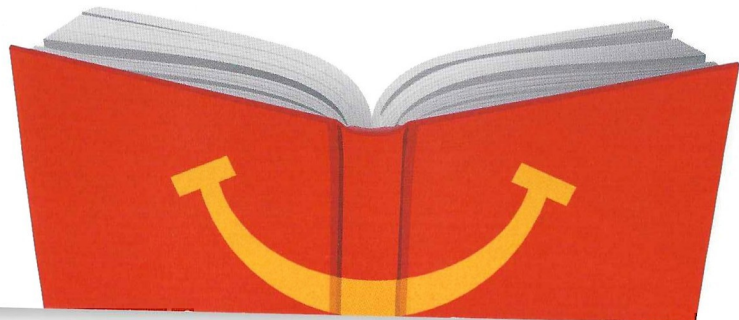


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a love of books and reading.

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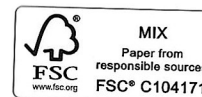
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Meet Rocket!

And discover her
10 inspirational rules
for changing the world -
one small step at a time.



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